

लायन्स क्लब सातारा अजिंक्य व रयत शिक्षण संस्थेचे कर्मवीर भाऊराव  
पाटील इन्स्टिट्यूट ऑफ मॅनेजमेंट स्टडीज अँड रिसर्च सातारा  
यांच्या संयुक्त विध्यामाने



महात्मा गांधी जयंती सेवा सप्ताह २०२०-२१  
दिनांक २ ऑक्टोबर २०२० ते ८ ऑक्टोबर २०२०



वार व दिनांक	वेळ	कार्यक्रम	प्रमुख पाहुणे
सोमवार ०५/१०/२०२०	५ ते ६ 	योग व मानसिक आरोग्य	ना. डॉ. सारिका भोसले

ऑनलाईन व्याख्यान लिंक :- [meet.google.com/any-skna-wnb](https://meet.google.com/any-skna-wnb)

Date: 6/10/2020

Dr. S. A. Bhosale  
Assistant Professor  
KBPIMSR, Satara

To

The Director  
KBPIMSR, Varye Satara

**Subject – Report on Webinar on “Yoga for Fitness and Mental Health”**

A Webinar on “**Yoga for Fitness and Mental Health**” on occasion of Gandhi Jayanti was organized by Rayat Shikshan Sanstha’s Karmaveer Bhaurao Patil Institute of Management Studies and Research, Satara in collaboration with Ajinkya Rotary Club Ajinkya, Satara. President of Ajinkya Rotary Club Ajinkya and Director of KBPIMSR Lion Dr. B. S. Sawant Sir gives overview of webinar.

On that occasion of Mahatma Gandhi Seva Saptah webinar is organized on Monday 5<sup>th</sup> October 2020 at 5.00 PM. A webinar on, “**Yoga for Fitness and Mental Health**” by the resource person Lioness Dr. Mrs. Sarika Bhosale is organized. She delivered lecture on benefits of yoga. She also told how to keep ourselves fit with daily yoga and proper exercise. With easy tricks she delivered this lecture and handled all queries of participants.

Webinar is organized via online platform. Google meet link [meet.google.com/any-skna-wnb](https://meet.google.com/any-skna-wnb) is the link used for this lecture. 109 students of different classes and members of Ajinkya Rotary Club Ajinkya, Satara took benefit of that lecture.

The session was concluded with the open discussion. Mrs. Manda Sawant proposed vote of thanks. The feedback of this session given by students, Faculties and club members were very good and also good presentation by resource person.

Thanking You,

Yours Faithfully,

  
Dr. R. D. Kumbhar  
Co-Ordinator



00104

## Report

**Rayat Shikshan Sanstha's  
Karmaveer Bhaurao Patil Institute of Management Studies and  
Research, Satara in Collaboration with Ajinkya Rotary Club Ajinkya Satara  
Organize**

**Webinar on "Yoga for Fitness and Mental Health" on occasion of Gandhi Jayanti**

A Webinar on "Yoga for Fitness and Mental Health" on occasion of Gandhi Jayanti was organized by Rayat Shikshan Sanstha's Karmaveer Bhaurao Patil Institute of Management Studies and Research, Satara in collaboration with Ajinkya Rotary Club Ajinkya, Satara. President of Ajinkya Rotary Club Ajinkya and Director of KBPIMSR Lion Dr. B. S. Sawant Sir gives overview of webinar.

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The purpose behind conducting the event is to inculcate the ethical emotions in the students and groom them with humble and social attitude.

The session was concluded with the open discussion. Mrs. Manda Sawant proposed vote of thanks. The feedback of this session given by students, Faculties and club members were very good and also good presentation by resource person.



Dr. R. D. Kumbhar  
Co-Ordinator





 <b>Estd. 1981</b>	<p><b>"EDUCATION THROUGH SELF-HELP IS OUR MOTTO"- KARMAVEER</b>  <b>Rayat Shikshan Sanstha's ,</b>  <b>Karmaveer Bhaurao Patil Institute of Management</b>  <b>Studies &amp; Research, Satara.</b>          (Affiliated to Shivaji University &amp; Approved by A.I.C.T.E., New Delhi)          Dist. Satara (Maharashtra) Pin : 415 001.          Founder - Padmabhushan Dr. Karmaveer Bhaurao Patil, D.Litt.  <b>Web Site : www.kbpimsr.com</b></p>	<p>☎ - (02162) 230011,          Fax : (02162) 229089          Email: <a href="mailto:mba.kbp@gmail.com">mba.kbp@gmail.com</a>  <a href="http://www.kbpimsr.com">www.kbpimsr.com</a></p>
		<p>Ref. No. : <i>By mail</i>  <b>Date 3 / 10 / 2020</b></p>
<p><b>Dr. B. S. SAWANT</b>          M.Com(Stat.), M.C.M., M.B.A., M.Phil, Ph.D.  <b>DIRECTOR</b></p>		

To

Lion Dr. Mrs. S.A. Bhosale.  
 KBPIMSR  
 Satara

**Sub: - Invitation as a Resource Person**

Dear Madam,

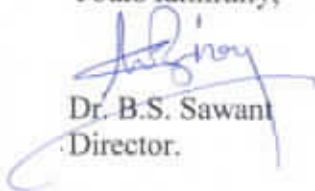
It gives a pleasure to invite you as a webinar on **"Yoga for Fitness and Mental Health"** on occasion of Gandhi Jayanti on Monday, 5<sup>th</sup> October 2020 at 5:00 P. M. in the Institute, via online platform using Google meet.

We need your valuable presence. We will be appreciative if you accept our invitation and remain present to encourage our students and members of Ajinkya Rotary Club Ajinkya, Satara, and guide regarding, how yoga is used for for Fitness and Mental Health, on occasion of Gandhi Jayanti.

Please make it convenient to be present for the lecture and guide the students, our club members.

Thanking you in anticipation,

Yours faithfully,

  
 Dr. B.S. Sawant  
 Director.



00106

 <b>Estfd. 1981</b>	<p align="center"><b>"EDUCATION THROUGH SELF-HELP IS OUR MOTTO"- KARMAVEER</b>  Rayat Shikshan Sanstha's,  <b>Karmaveer Bhaurao Patil Institute of Management  Studies &amp; Research, Satara.</b></p> <p align="center">(Affiliated to Shivaji University &amp; Approved by A.I.C.T.E., New Delhi)  Dist. Satara (Maharashtra) Pin : 415 001.  Founder - Padmabhushan Dr. Karmaveer Bhaurao Patil, D.Litt.  <b>Web Site : www.kbpimsr.com</b></p>	<p align="right">☎ (02162) 230011,  Fax : (02162) 229089  Email: <a href="mailto:mba.kbp@gmail.com">mba.kbp@gmail.com</a>  <a href="http://www.kbpimsr.com">www.kbpimsr.com</a></p>
		<p align="right">Ref. No. : <i>By mail</i></p> <p align="right"><b>Date 6 / 10 / 2020</b></p>
<p><b>Dr. B. S. SAWANT</b>  M.Com(Stat.), M.C.M., M.B.A., M.Phil, Ph.D,  <b>DIRECTOR</b></p>		

To

Lion Dr. Mrs. S.A. Bhosale.  
KBPIMSR  
Satara

Sub: - Gratitude for your presence as a Resource Person


Dear Madam,

It gives a gratification for your valuable presence and accepting our invitation as a resource person on webinar on, **"Yoga for Fitness and Mental Health"** on occasion of **Gandhi Jayanti** on Monday, 5<sup>th</sup> October 2020 at 5:00 P. M. via online platform using Google meet.

Your valuable presence and appreciation really encourages our students. We wish same kind of co-operation in near future to maintain a relational healthy bond with each other.

Thanking for your presence to grace the occasion.

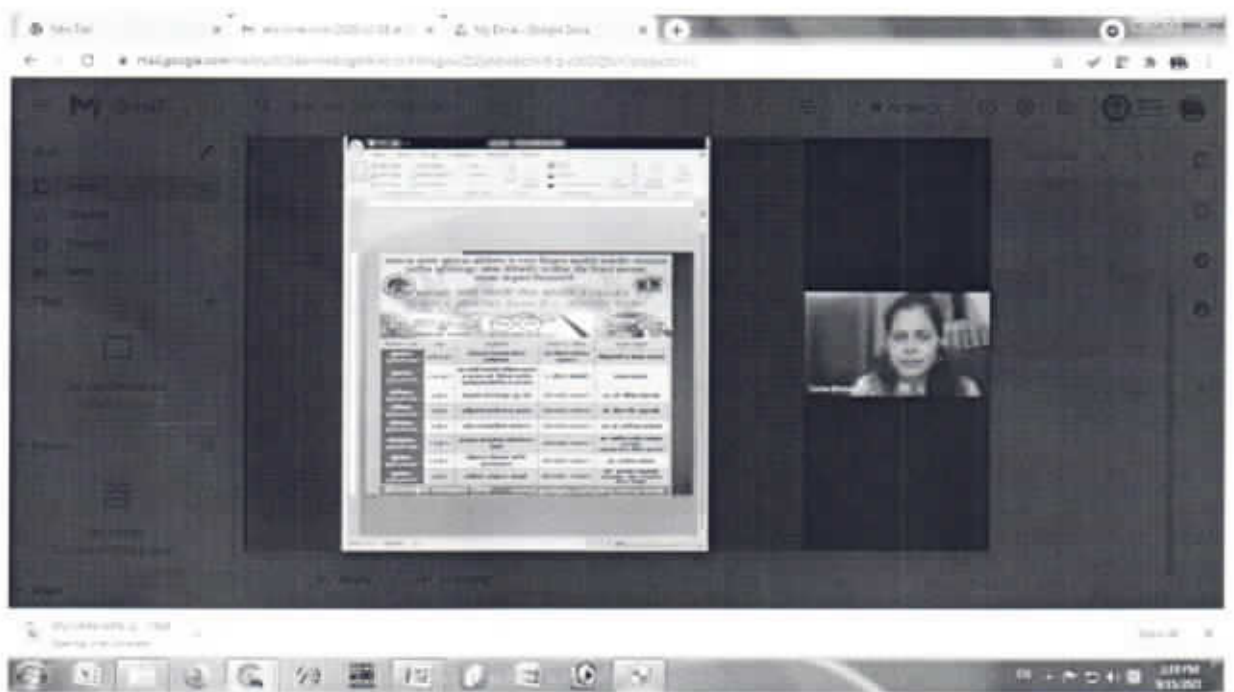
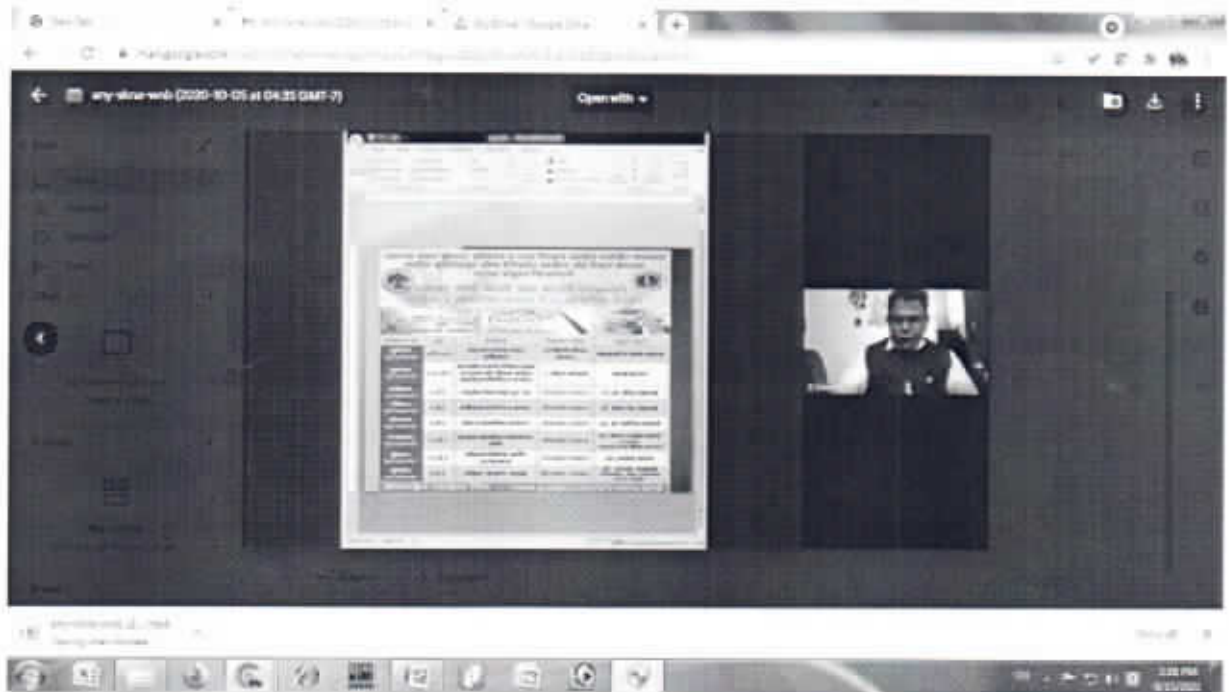
Yours faithfully,

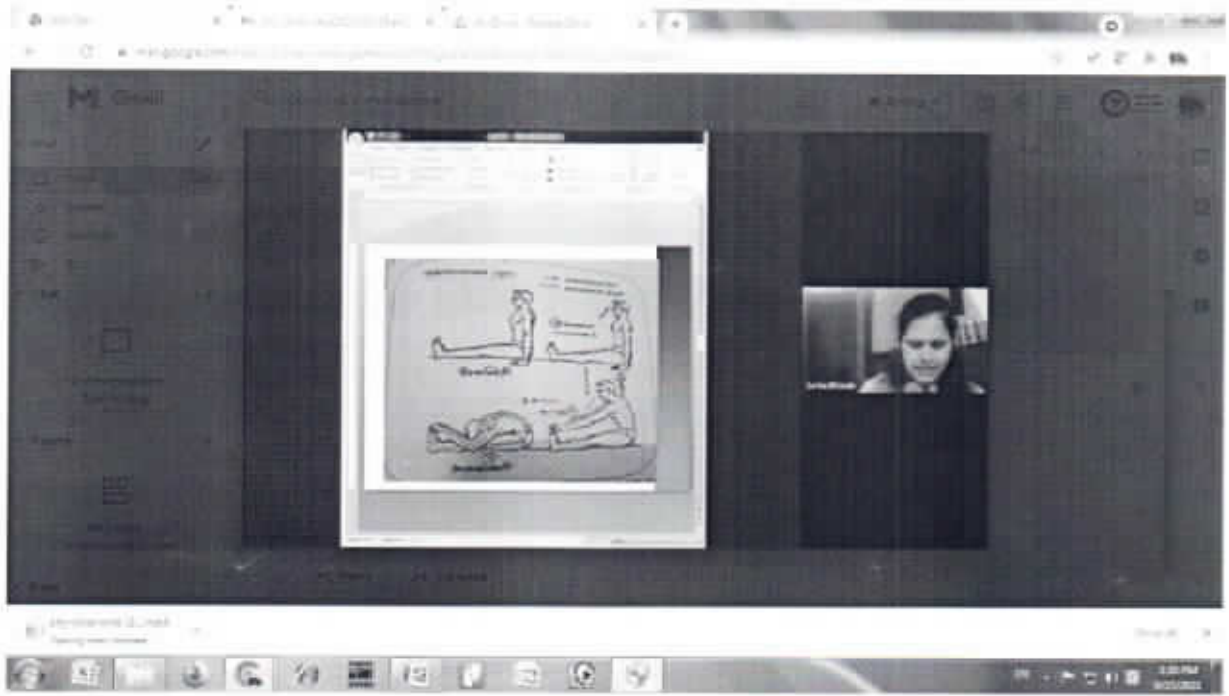
  
Dr. B.S. Sawant  
Director



00107

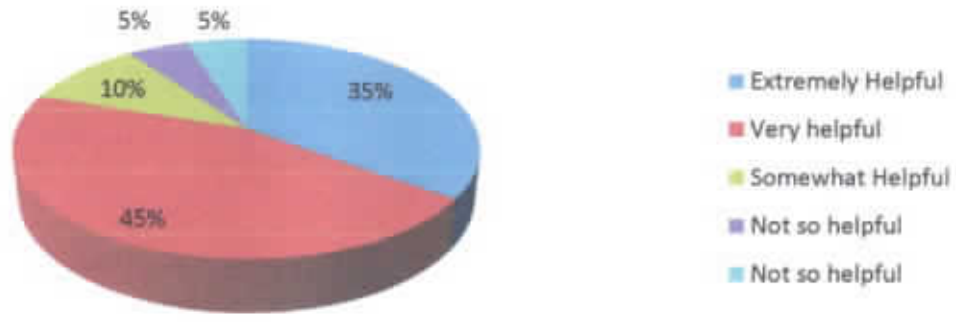
## Guest Lecture on, "Yoga for Fitness and Mental Health" on occasion of Gandhi Jayanti





Guest Lecture on, "Yoga for Fitness and Mental Health" on occasion of Gandhi Jayanti

1. How helpful was the webinar for you?



2. Please rate the speaker's knowledge of the topic:

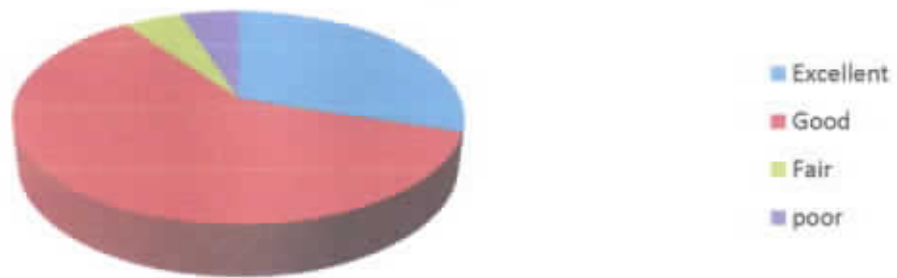


3. Please rate the speaker's knowledge of the topic:





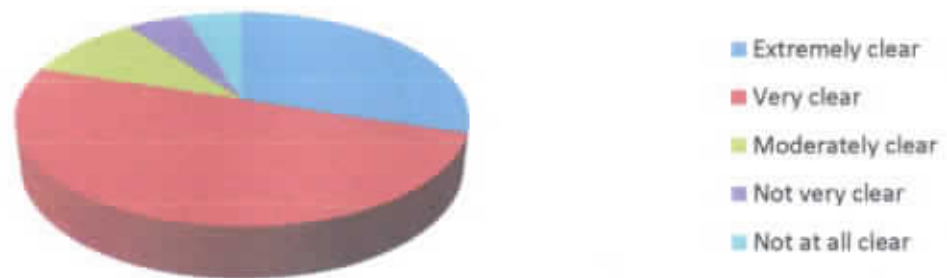
#### 4. Overall session evaluation:



#### 5. Please rate the content of the slides/virtual aids:



#### 6. How clear were the ideas and concepts we presented?



Are there any suggestions to the Institute..

No

I don't have any suggestion to institute .. All are excellent !!!

No.. There was good presentation by presenters on topic

